



Brain Injury SA.

Reconnect Transition Program



What is the Reconnect Transition Program?

The Reconnect Transition Program (RTP) is a 10-week course that helps people adjust to life after an acquired brain injury as a result of a road trauma.

The program aims to further wellbeing and to reintegrate and reconnect people with their communities.

The RTP uses trained mentors who have

first-hand experience of acquired brain injury.

The program provides a supportive group environment where people can:

- Explore and share their experiences
- Gain further knowledge about the brain and how to fast-track improvement
- Meet new people and rebuild social skills

- Work through challenges
- Develop strategies for improving resilience and wellbeing
- Take steps to increase participation in the community.

Who can join the Reconnect Transition Program?

Anyone, aged 26 to 65, who has sustained an acquired brain injury as a result of a road trauma, is welcome to participate in the program, regardless of when the injury occurred.

Brain Injury SA runs a separate program, yRTP, aimed at people aged 16 to 25, who have sustained an acquired brain injury as a result of a road trauma. Please contact Brain Injury SA for more details.

Who runs the program?

The RTP is run by Brain Injury SA and is facilitated by their registered psychologist Ed Weaver, who has a wealth of experience assisting people to work through the unique challenges an acquired brain injury can present.

Ed is supported by a team of trained mentors, who are each living with an acquired brain injury and kindly share their experiences with program participants.

When is the Reconnect Transition Program run?

The Reconnect Transition Program is run three times per year with sessions held weekly during the 10-week course.

Each session is held from 10.15am to 1.00pm at Brain Injury SA's offices at 70 Light Square, Adelaide.

Morning tea and a light lunch are provided.

The Reconnect Transition Program is free to attend and bookings are essential.

PROUDLY SUPPORTED
AND FUNDED BY:

Lifetime
S U P P O R T



**Brain Injury
SA.**

Helping people with brain
injuries for over two decades

More information?

If you would like more information about the Reconnect Transition Program please contact the course coordinator Ed Weaver using one of the following methods:

Telephone

08 8217 7614

Email

info@braininjurysa.org.au

Country callers

1300 733 049

www.braininjurysa.org.au