

# Support SA Youth Initiative Transition Program



## What is SSAYiT?

SSAYiT is the Support SA Youth Initiative Transition program, which is a program that will enable South Australians living with acquired brain injury (ABI) or a disability that impacts on cognitive functioning to connect into employment, education and their community.

SSAYiT will be delivered in six 10-week programs from 2016 to 2018, and aims to:

- Maximise participant's capacities and real-world functioning in line with their own goals
- facilitate participants' reintegration into the community
- reduce barriers by increasing coping skills and enhancing self-confidence

- connect participants with employers and Disability Service providers
- enhance mental wellbeing.

SSAYiT will also provide ongoing psychological support to address external factors that enhance sustainable employment opportunities as well as vocational support to assist the transition into employment.

SSAYiT aims to achieve successful outcomes through targeted, person-centred support that develops participants' strengths and interests.

## Who can join SSAYiT?

SSAYiT is available to people aged between 15 and 24 who are living with an ABI or a disability that impacts on cognitive functioning.

## Who runs SSAYiT?

The program will be delivered by a multidisciplinary team including a vocational consultant and a youth counsellor.

## When is SSAYiT run?

SSAYiT will be delivered in six 10-week programs throughout 2016 and 2018. Sessions will be delivered in various locations across SA including in the CBD.

Each week, two units will be delivered to participants with one focussing on a disability-specific topic and the second focussing

on the development of educational and employment skills for participants.

- The program will be available at no cost to participants.
- The program is an Approved Activity for Mutual Obligation Requirements with Centrelink.

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**Brain Injury  
SA.**

Helping people with brain  
injuries for over two decades

## How to apply?

If you or someone you know might benefit from participating in SSAYiT, please contact Brain Injury SA to book your place.

Employment providers, schools and educational organisations, Youth Court, child protection agencies, disability service providers, and family members may refer participants.

People living with an ABI and existing clients of Brain Injury SA may refer themselves.

### Telephone

**08 8217 7600**

### Email

**SSA@braininjurysa.org.au**

### Country callers

**1300 733 049**

### Address

**70 Light Square, Adelaide SA**

[www.braininjurysa.org.au](http://www.braininjurysa.org.au)