



Brain Injury SA.

Springboard Program



What is the Springboard Program?

Brain Injury SA's Springboard Program offers community-based rehabilitation to people with acquired brain injury (ABI).

Participants undertake physiotherapy, speech therapy and community learning and life skills sessions that are tailored to their individual goals.

They attend either one or two days per week, generally over three years.

The program helps people to increase their capacity to engage meaningfully in the community. It promotes improvement of physical, communication and cognitive skills, and encourages independence and self-confidence.



Who can access the Springboard Program?

Springboard is designed for people aged 18 to 65 who have sustained significant physical, cognitive and communication impairment due to an ABI.

Who runs the program?

The Springboard Program is run by Brain Injury SA's experienced staff and trained volunteers, with specialists including neurological physiotherapists and speech therapists.

When is the Springboard Program held?

Participants in Springboard attend either one or two days per week, depending on their availability, typically over a three-year period.

Participants start the program at the beginning of a calendar year, although there may be a mid-year intake should space permit.

Sessions are held at Brain Injury SA offices at 70 Light Square in Adelaide.

PROUDLY SUPPORTED
AND FUNDED BY:



Government of South Australia

Department for Communities
and Social Inclusion



**Brain Injury
SA.**

Helping people with brain
injuries for over two decades

More information?

If you would like more information about the Springboard Program, please contact the Springboard Coordinator using one of the following method:

Telephone

08 8217 7600

Email

info@braininjurysa.org.au

Country callers

1300 733 049

www.braininjurysa.org.au