


Positive Behaviour Support Services



Challenging and complex behaviours are common following a brain injury where there is damage to areas of the brain that control impulses and regulate emotions.



A brain injury can affect parts of the brain involved with emotions, impulse control, self-awareness and ability to monitor and change behaviour. Injury often means a person needs to relearn behaviour skills, which in some cases may be extremely difficult.

Brain Injury SA acknowledges that this can have a negative impact on family relations, social isolation, and can increase barriers to accessing the community and services. We have established our PBS service to assist those living with acquired brain injury (ABI) and their carers to best manage behaviours that create barriers to success and in recognition of the significant positive impact that PBS can have on the lives of people with ABI and their families.

What is positive behaviour support (PBS)?

PBS is a person-centred framework for promoting quality of life and reducing the occurrence and impact of behaviours of concern. These behaviours can be defined as those that cause worry, stress, risk of or actual harm to the person, their family, carers, staff or those around them.

How does PBS work?

PBS is about building an environment where positive behaviour is more effective than behaviours of concern.

We do this by working collaboratively with the individual and everyone around them, to understand when a behaviour occurs, what someone might be trying to communicate and factors in the environment which might contribute.

We then create individualised strategies through skill building, enhancement of positive social interactions and making changes in a person's environment to help them to improve their lives. This will include, minimising, and where possible eliminating, the use of restrictive practices.

How and where is it delivered?

Our PBS team are all registered PBS practitioners from a wide range of professional backgrounds. We work to deliver PBS to clients with an acquired brain injury, bringing our knowledge and experience to the service.

PBS can be delivered from any of our hubs and will likely involve a mixture of face-to-face sessions, as well as online meetings and training.

We are currently providing PBS services under a variety of funding streams. Please contact us for more information.



**Brain Injury
SA.**

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Registered NDIS Provider

Have any questions?

Please contact us to learn more.

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