



Brain Injury SA.

Embrace life after brain injury

10  
WEEKS

# Reconnect Transition Program



The Reconnect Transition Program (RTP) helps adults with a traumatic brain injury as a result of a road or motor vehicle accident, to adjust, recover and connect with the community.

The course is facilitated by a registered psychologist who is experienced in supporting individuals living with brain injury. RTP participants are also supported by trained peer mentors, who offer valuable insights from their own lived experience of brain injury and adjustment.

#### Topics covered include:

- neuroplasticity
- relationships
- personal values
- communication

RTP is an excellent opportunity to learn more about the brain and how to optimise recovery in a judgement-free environment. It's also a great chance to meet other people who share similar experiences.

The 10-week RTP is held three times per year and is free to attend. Sessions run from 10.30am to 1pm, with morning tea and a light lunch provided.

## More information?

Registrations are essential. Please contact us for program dates, more information about the program or to register your interest:

#### Telephone

**08 8217 7600**

#### Email

**info@braininjurysa.org.au**

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