



Brain Injury  
SA.

15 September 2024

City  
Bay  50

**3KM RELAY TEAM**

**Join our BISA Relay Team  
for this year's City to Bay!**



**Free for all  
participants!**

Entry cost for  
supports/carers  
TBC

**Walk or run, any distance!**

It could be a few metres, or a whole kilometre!  
We'll work together to cover the full 3km race

**Please let a member of our Brain Injury SA  
staff know if you're interested in joining!**