



Brain Injury SA.

Community Learning & Life Skills

January to March 2017

Our Community Learning and Life Skills program is designed for people living with ABI, their carers and families. The program of unique events, workshops and seminars assists people impacted by ABI to develop skills, increase their independence and move forward with their lives.

Brain Injury SA hosts events each month, and every event will provide meaningful information to support our ABI community.

Below is the list of events for the coming months. Bookings are essential and there is no cost to attend.

If you are someone living with ABI, their carer or a family member, and wish to attend one of our events, please register below. We would love to see you.

If you know of someone who is living with ABI and might be interested in one of our events, please forward on this brochure or print out the pdf.

Apart from the Coffee Club, all Community Learning and Life Skills events take place at Brain Injury SA offices at 70 Light Square in the city and all sessions include afternoon tea.

Register today!

All Community Learning & Life Skills Events are FREE.

Bookings are essential, so please book your place today.

Register Online:
www.braininjurysa.org.au/register-lifeskills

Telephone: 8217 7600
Country callers: 1300 733 049

You can also email us at
info@braininjurysa.org.au

At a Glance

Technical Aids for the Disabled (TADSA)

Tuesday, 31 January

NDIS Appeals -

How we can help you

Tuesday, 28 February

Advocacy -

Knowing your rights

Tuesday, 28 March

Carer and Family Support Group

About Brain Injury SA

Tuesday, 7 February

About the Brain

Tuesday, 7 March

Coffee Club

City Coffee Group
Western Coffee Group
Northern Coffee Group

Program of Events

January
to March
2017

Technical Aids for the Disabled (TADSA)

**Tuesday, 31 January
at 1.30pm**

Register

Join us for a special presentation by Ian Beaton from TADSA – Technical Aids for the Disabled. TADSA is a talented team of volunteers who design, make or modify equipment for people with disabilities that is not commercially available in South Australia. Ian will not only bring along photographs and videos of their work but will also bring along examples of equipment they have modified.



NDIS Appeals – How we can help you

**Tuesday, 28 February
at 1.30pm**

Register

Learn about our NDIS Appeals service that helps people who are not satisfied with decisions made by the National Disability Insurance Agency, regarding their application or plan. This informative session, run by our two Appeals Officers – Victoria Carbone and Greg Dudzinski – will explain how you can access the National Disability Insurance Scheme, how decisions can be reviewed and how we can help you navigate what can be a complex process.

The NDIS Appeals service is available to anyone with a disability, not only those living with ABI, in South Australia and Northern Territory.



Advocacy – Knowing your rights

**Tuesday, 28 March
at 1.30pm**

Register

Come along and meet Brain Injury SA's Advocate and learn how we provide a voice for people living with ABI. Hear how we can help you with problems you may be facing with service providers or supports, ensuring your legal rights are being met and that you are treated with dignity and respect. Our Advocacy program is available to anyone living with an ABI and their families.



Carer and Family Support Group

January
to March
2017

On the first Tuesday of every month we host a welcoming support group for the carers and families of people living with ABI.

Hosted by our Senior Psychologist Ed Weaver, we present a different topic each month – all designed to help you better support people living with ABI and increase your own wellbeing. Numbers are strictly limited, and registrations essential, to ensure we keep an intimate group that will encourage group discussion and interaction. Morning tea will be provided.



About Brain Injury SA

Tuesday, 7 February, 10.30am – 12pm

Ed will present an overview of the services we offer at Brain Injury SA and what we can do to help as you support people living with ABI.

[Register](#)

About the Brain

Tuesday, 7 March, 10.30am – 12pm

An educational session all about the brain. Learn more about what happens to the brain following a brain injury as well as its capacity to heal through neuroplasticity.

[Register](#)

Coffee Club with Brain Injury SA

Pop in to one of our Coffee Club gatherings, which aim to help and support people living with an ABI to develop their social networks.

They are happy, positive and welcoming for all age groups. There are three locations to choose from and we would love to see you at one of them soon:



City Coffee Group

**Last Wednesday of every month,
2.00pm – 4.00pm**

My Way Café, 76 Light Square,
Adelaide

[Register](#)

Western Coffee Group

**Third Friday of every month,
2.00pm – 4.00pm**

Vili's Café Bakery, 2-14 Manchester St,
Mile End

[Register](#)

Northern Coffee Group

**First Monday of every month,
2.00pm – 4.00pm**

Elizabeth Way McCafe, right near
the bus and train stations

[Register](#)