



Brain Injury SA.

Embrace life after brain injury

Peer Mentor Program

When:

5 sessions over 5 weeks.
TBC, starting soon.

Where:

This program is offered flexibly at a convenient location to you in the community, or can be facilitated at our North, South or City sites

To Register:

Please either call us at 8217 7600 or email info@braininjurysa.org.au for more information or to register your interest.

PROUDLY SUPPORTED & FUNDED BY:

Lifetime
S U P P O R T



Are you interested in connecting with a mentor that has lived experience of brain injury?

Our team of BISA Peer Mentors have received training and hold years of experience in assisting others with understanding and adjusting to the impact of brain injury.

In this safe and supported connection, you meet as equals. The program is a mutually beneficial experience.

The program aims to reduce isolation and promote a sense of hope, optimism, and purpose through 1:1 Peer Mentoring.

This program allows you to:

- Form a connection with a peer, someone who 'really just gets it' through their own experience of brain injury.
- Share your story, hear someone else's, and the things they did that helped them in their recovery.
- Ask questions to someone who understands and knows first-hand the challenges of life with brain injury.

For those interested in the potential to transition to a trained Mentor position in the future, you will gain first-hand experience with the mentoring process

More information?

For more information on what services Brain Injury SA can offer, please contact us:

Telephone
08 8217 7600

Country callers
1300 733 049

Email info@braininjurysa.org.au

www.braininjurysa.org.au