

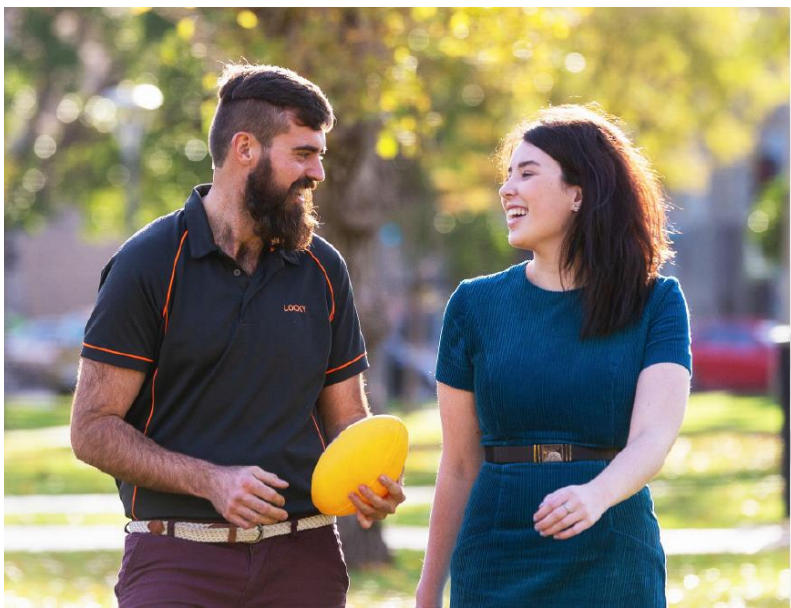


# Brain Injury SA.

Embrace life after brain injury

## Reconnect Transition Program (RTP)

STARTS  
29 July



The Reconnect Transition Program (RTP) helps people adjust to life with a traumatic brain injury (TBI) following a road trauma.

The course is facilitated by a psychologist who specialises in supporting people living with brain injury. The RTP also draws on the experience of peer mentors, who offer insights from their own journeys of recovery.

The RTP provides an excellent opportunity to learn more about the brain and how to optimise recovery, and to connect with other young people who have a shared experience of brain injury.

### Topics covered include:

- Learning more about the brain and neuroplasticity
- Exploring the challenges of brain injury and strategies that may help with recovery
- Relationships, values and identity
- Mental health, wellbeing and hopes for the future

The 10-week RTP is free to attend. Sessions run from 10:30am to 1pm, with morning tea and a light lunch provided.

PROUDLY SUPPORTED & FUNDED BY:

**Lifetime**  
S U P P O R T

### Who:

Who: People aged 25+ who have a TBI from a road trauma

### When:

Starts Friday 29th July, 10 Weekly Friday sessions

### Time:

10:30am – 1pm

### Where:

At Brain Injury SA's Central Hub, 70 Light Square in the city

### To Register:

#### email:

[info@braininjurysa.org.au](mailto:info@braininjurysa.org.au)

If you have any questions please contact Eliza Kavanagh on 8217 7600

Bookings are essential

### More information?

For more information on RTP and what services Brain Injury SA can offer, please contact us:

Telephone  
08 8217 7600

Country callers  
1300 733 049

Email [info@braininjurysa.org.au](mailto:info@braininjurysa.org.au)

[www.braininjurysa.org.au](http://www.braininjurysa.org.au)