



Brain Injury SA.

Building positive futures for people with acquired brain injury

youth Reconnect Transition Program (yRTP)

Starts
19 July



10
WEEKS

HURRY AND BOOK YOUR SPOT - PLACES ARE LIMITED!

Are you a young adult who has sustained a traumatic brain injury (TBI) as a result of a motor vehicle accident or other road trauma? Our youth Reconnect Transition Program (yRTP) might just be for you.

We can help you to reconnect to your life, your community and assist you to confidently plan for your future.

The 10-week course commences on Fridays and takes place at Brain Injury SA's Light Square offices from 10.30am to 1pm. We provide morning tea and a light lunch.

There is no cost to attend yRTP.

We have a small number of spots left for our next intake, so get in contact with our team to book your spot today.

Our friendly and skilled yRTP team is led by Ashlee Raymond, Brain Injury SA's Psychologist, and includes mentors with firsthand experience of TBI.

The course is specifically tailored for young adults and we will talk about topics including:

- The brain and neuroplasticity
- Emotional wellbeing and building resilience
- Working through challenges
- Friendships and other relationships
- Making positive choices
- Study and work pathways
- Personal strengths and goal setting

Lifetime
S U P P O R T

Who:

For young adults who have an ABI as a result of a road trauma

When:

Starts Friday, 19 July – 20 Sept

Time:

10:30am – 1pm
(includes morning tea & light lunch)

Where:

Brain Injury SA
70 Light Square, Adelaide

Register your interest:

Bookings are essential.

**Call Ashlee Raymond on
8217 7600 or email:
info@braininjurysa.org.au**

More information?

For more information on yRTP and what services Brain Injury SA can offer, please contact us:

Telephone
08 8217 7600

Country callers
1300 733 049

Email info@braininjurysa.org.au

www.braininjurysa.org.au